The beluga whale and harbour seal are the only marine mammals that live year round in the St. Lawrence Estuary. The others migrate between the marine park, where they come to feed, and their mating grounds outside park boundaries. Would you be able to identify them by their outline?

To learn more about whales, visit marinepark.qc.ca/get-to-know/

A TREAT ON LAND AND AT SEA

You will be unequivocally charmed by the Park’s scenic beauty. Climb into a kayak or set sail. Take a cruise up the Fjord or to the islands of the St. Lawrence. Admire the colours of the seafloor while diving or on a high-definition screen. Visit Discovery Network shore-based sites: take advantage of spectacular viewpoints, roam hiking trails or exhibits and get caught up in fascinating tales.
WHALE WATCHING FROM SHORE
Keep your eyes peeled and your ears open while out walking, biking or driving along the Marine Park’s shorelines! You might well glimpse or hear beluga, minke or fin whales, or possibly harbour porpoises, as they swim along the coast. There are surprises in store for you from Baie-Sainte-Catherine to Les Escoumins, with Sacré-Cœur in between. See the Discovery Network section (pages 8 to 11).

WHALE WATCHING BY BOAT
What fun it is to hear a whale blow or to catch a glimpse of one of these incredible animals at the surface! Take in the fascinating spectacle of marine animals from aboard a boat. Get ready for a journey to the kingdom of whales, seals and seabirds. Select the type of excursion that suits you best. See pages 12 and 13.

WHEN IS THE BEST TIME TO SEE WHALES?
Opportunities to see whales in the Marine Park are good at any time of the day from early May to the end of October. Depending on the species and their level of activity, whales surface to breathe every 15 to 30 minutes.

EXPERIENCE THE SEA
Get in sync with nature by choosing an outing of several hours or several days, with a guide or on your own. You will contemplate the scenery from a different perspective aboard a kayak, a sailboat, a shuttle or while scuba diving. See pages 12 to 15.

VISIT THE VARIOUS INTERPRETATION CENTRES AND MUSEUMS
To satisfy your thirst for knowledge, partake in any one of several activities on offer. Enthusiastic guide-interpreters and fascinating exhibits will give you valuable insights into the many facets of the Marine Park. These helpful resources tell the full story of marine life, from starfish to sharks, as well as the history of local lighthouses and Indigenous populations. Pages 8 to 11.

SPECTACULAR VISTAS AND HIKING TRAILS
Discover the numerous vantage points that border the Saguenay Fjord and St. Lawrence Estuary on foot, by car or by bicycle. Once you begin to admire the sights along the shore, listen to the crash of waves on the beach and breathe in the salt air; it won’t be long before you’ve left the daily grind behind. The Discovery Network guarantees a real change of scenery all along the perimeter of the Marine Park. See pages 8 to 11.
LET’S PROTECT WHALES – LET’S KEEP OUR DISTANCE!

WHEREVER YOU GO IN THE MARINE PARK, RESPECT THESE RULES:

- Yield the right-of-way to whales
- Maximum speed: 25 knots (29 mph)
- Stay at least 400 metres away from whales
- Stay at least 200 metres away from other whales

ARE YOU A BOATER OR A KAYAKER?

Pleasure boaters and kayakers; take the online training course to learn how to manoeuvre through whale habitat. It's free, it's concise and it's interactive! navigatingwhales.ca

Your presence in the belugas' habitat can attract their attention and reduce the amount of time they spend looking after their young, feeding, and resting. Belugas need space and a peaceful environment.

WHEN IN THE PRESENCE OF BELUGAS, DO NOT STOP.

MOVE AWAY WHILE MAINTAINING A DISTANCE OF AT LEAST 400 METRES.

Every action counts to help protect the belugas.

To learn more, visit marinepark.qc.ca/protect/
LIVE THE EXPERIENCE AT SEA AND FROM LAND!

SPECTACULAR VISTAS AND HIKING TRAILS
SEE THE DISCOVERY NETWORK PAGES 8 TO 11
2. Cap-de-Bon-Désir Interpretation and Observation Centre
15. Centre écologique de Port-au-Saumon
21. Îles du Pot à l’eau-de-vie and île aux Lièvres
20. Île-Verte Lighthouse Station
12. L’Anse-de-Roche
8. L’Anse-Saint-Jean
3. Marine Environment Discovery Centre
17. Parc municipal de la Baie-des-Rochers
4, 5. Parc national du Fjord-du-Saguenay: Baie-de-Tadoussac sector and Baie-Sainte-Marguerite sector
18. Parc naturel et historique de l’île aux Basques
7. Petit-Saguenay
1. Pointe-Noire Interpretation and Observation Centre
16. Port-au-Persil
11. Sainte-Rose-du-Nord

INTERPRETATION CENTRES AND MUSEUMS
SEE THE DISCOVERY NETWORK PAGES 8 TO 11
2. Cap-de-Bon-Désir Interpretation and Observation Centre
15. Centre Archéo Topo
16. Centre écologique de Port-au-Saumon
4. Chauvin Trading Post
20. Île-Verte Lighthouse Station
3. Marine Environment Discovery Centre
4. Marine Mammal Interpretation Centre
9. Musée du Fjord
3, 6. Parc national du Fjord-du-Saguenay: Baie-Éternité and Baie-Sainte-Marguerite sectors
1. Pointe-Noire Interpretation and Observation Centre

WHALE WATCHING
FROM SHORE
SEE THE DISCOVERY NETWORK PAGES 8 TO 11
1. Pointe-Noire Interpretation and Observation Centre
2. Cap-de-Bon-Désir Interpretation and Observation Centre
3. Marine Environment Discovery Centre
4, 5. Parc national du Fjord-du-Saguenay: Baie-de-Tadoussac sector and Baie-Sainte-Marguerite sector

BY BOAT SEE PAGES 12 AND 13
1, 4, 21. Croisières AML
13. Croisières Essipit
3. Croisières Escoumins
3. Croisières Neptune
3. Les Écumeurs du Saint-Laurent
8. Les Navettes maritimes du Fjord
7, 8. Organisation – Le Québec Hors Circuits
6. Parc national du Fjord-du-Saguenay, Baie-Éternité sector
4. Tadoussac Autrement

EXPERIENCE THE SEA IN A SEA KAYAK SEE PAGE 14
11. Aventure Rose-des-Vents
12. Centre de vacances – Ferme 5 étoiles
8. Fjord en Kayak
14. Katabatik – Aventure dans Charlevoix
2. Kayaks du Paradis
2, 4. Mer et monde Ecotours
7, 9, 11. Organisation – Le Québec Hors Circuits
6. Parc national du Fjord-du-Saguenay, Baie-Éternité sector

ON A SAILBOAT SEE PAGE 15
4. Damacha – École de voile croisière
4. École de voile de l’estuaire
4, 6, 8, 9, 10. Voile Mercator

SCUBA DIVING SEE PAGE 15
3, 9. Accès plongée Saguenay
3, 11, 12. École de plongée Immersion Côte-Nord
3. Marine Environment Discovery Centre
2. Paradis marin

NATURE OBSERVATION FROM A BOAT SEE PAGES 12 AND 13
4, 6, 8, 9, 10, 11. Les Navettes maritimes du Fjord
6. Parc national du Fjord-du-Saguenay, Baie-Éternité sector
7, 8. Organisation – Le Québec Hors Circuits
21. Société Duvetonor
4. Tadoussac Autrement
WELCOME TO THE SAGUENAY–ST. LAWRENCE MARINE PARK!

Sectors with special protection for beluga whales. These rules apply to all boats.

Sainte-Marguerite Bay
June 21 to September 21

Mouth of the Saguenay
May 1 to October 31

For more information on the rules to protect whales: parc marin.qc.ca/protect
LIVE THE EXPERIENCE ON LAND!

The Discovery Network is a land-based circuit that was created to allow visitors to come into contact with the marine environment. Come discover spectacular viewpoints, captivating exhibits and areas steeped in history.

PARKS CANADA

Exceptional views onto the Marine Park! See whales, seals and seabirds near the shore. Encounter naturalist-guides and benefit from their knowledge. Daily activities proposed. Sea life exhibits and visit of a light station. Binoculars are available for your use. Follow divers live on a big screen or take the dive yourself! (See p. 15)

parkscanada.gc.ca/saguenay

SÉPAQ

Indulge in outdoor activities on land, at sea and in the air! Hiking trails provide extraordinary views onto the Fjord from Tadoussac to Éternité Bay. Try the Via ferrata des Géants with its impressive aerial pathways. Observe beluga whales from the lookout terrace on the shores of Sainte-Marguerite Bay and discover the fascinating universe of this protected species with the help of our naturalist-guides.

sepaq.com/saguenay

1 800 665-6527

Schedule: May 15 to October 12, everyday

Admission: Visit three Sepaq sectors the same day and pay only one entry fee (Pointe-de-Filet: Free):

Adult: $8.90
Youth: Free admission for youth 17 and under

Taxes included

1 800 665-6527

Schedule: June 20 to Sept. 7: Everyday

Sept. 8 to Oct. 12: Friday to Sunday and holiday

Admission: free for youth 17 and under

Family/Groups: $12.00
Taxes included

1 800 665-6527

Schedule: June 20 to Sept. 13: Everyday

Sept. 14 to Oct. 12: Wednesday to Sunday and holiday

Admission: valid for all 3 Parks Canada Centres on the same day

Adult: $7.90
Senior: $6.90
Youth: Free admission for youth 17 and under

Family/Groups: $16.00
Taxes included

1 800 665-6527

Schedule: June 20 to Sept. 7: Everyday

Sept. 8 to Oct. 12: Friday to Sunday and holiday

Admission: valid for all 3 Parks Canada Centres on the same day

Adult: $7.90
Senior: $6.90
Youth: Free admission for youth 17 and under

Family/Groups: $16.00
Taxes included

1 800 665-6527

Schedule: June 20 to Sept. 7: Everyday

Sept. 8 to Oct. 12: Friday to Sunday and holiday

Admission: free for youth 17 and under

Family/Groups: $12.00
Taxes included

1 800 665-6527

Schedule: June 20 to Sept. 7: Everyday

Sept. 8 to Oct. 12: Friday to Sunday and holiday

Admission: free for youth 17 and under

Family/Groups: $12.00
Taxes included

1 800 665-6527

Schedule: June 20 to Sept. 7: Everyday

Sept. 8 to Oct. 12: Friday to Sunday and holiday

Admission: free for youth 17 and under

Family/Groups: $12.00
Taxes included
Discover the Fjord at two exceptional locations: the wharf, with its magical sunsets, and Saint-Etienne beach, a haven of peace in rhythm with the tides.

**PETIT-SAGUENAY**

Tourist information
61, rue Dumas
Petit-Saguenay
418 272-3219
petit-saguenay.com
Latitude: 48.209261
Longitude: -70.067463
**Schedule**
May 15 to November 1

**L’ANSE-SAINT-JEAN**

One of the most beautiful villages in Quebec, L’Anse-Saint-Jean invites you to experience nature along the shores of the majestic Saguenay Fjord. Take advantage of a wide range of quality outdoor activities for the whole family.

3, rue du Couvent
L’Anse-Saint-Jean
418 272-2633
lanse-saint-jean.ca
Latitude: 48.233554
Longitude: -70.205869
**VISITOR KIOSK**
**Schedule**
Late June through mid-October: Every day
Tel: 418 272-2974

**MUSÉE DU FJORD**

Discover the undersea world of the Saguenay Fjord. Get to the bottom of life in the Fjord in a wonderful learning environment through exhibits, excursions and entertaining animations.

3346, boul. de la Grande-Baie Sud
Saguenay (La Baie borough)
418 697-5077
1 866 697-5077
museedufjord.com
Latitude: 48.317447
Longitude: -70.853845
**Schedule**
June 24 to Sept. 7:
Every day
September 8 to June 23:
Tuesday to Sunday

**SAINTE-ROSE-DU-NORD**

Visit the “Pearl of the Fjord”, a town set in a valley between capes with kilometres of trails that lead to the most beautiful panoramic vantage points onto the Fjord.

126, rue de la Descente-des-Femmes
Sainte-Rose-du-Nord
418 675-2250
ste-rosedunord.qc.ca
Latitude: 48.388247
Longitude: -70.586991
**CORPORATION NAUTIQUE DU QUAI**
**Schedule**
May to October

**ANSE-DE-ROCHE WHARF**

A seaport surrounded by majestic landscapes with unforgettable sunsets. Picnic area, kayak outings. Situated 12 nautical miles from Tadoussac.

346, ch. de l’Anse-de-Roche
(Via route 172)
Sacre-Coeur
Latitude: 48.218251
Longitude: -69.87456
**Schedule**
Early June to the end of September

**Tourist Information**

213, rue du Quai
Tel: 418 675-2250 ext. 2608

**Admission**

Free

**Boat launch:**

Boats: $11.50 + tx
Kayaks: $6.35 + tx

Information for the marina:
418 236-4325
CÔTE-NORD

MARINE MAMMAL
INTERPRETATION CENTRE (CIMM)

New: expanded whale skeleton collection!
Where are the whales? Who are they? What are researchers doing?
Exhibition, film, games, specialists. Take part in whale-song classes.

New: expanded whale skeleton collection!
Where are the whales? Who are they? What are researchers doing?
Exhibition, film, games, specialists. Take part in whale-song classes.

CHAUVIN TRADING POST

Relive the birth of
New France through
a reconstitution
of the site of the earliest
exchanges between
Amerindians and
Europeans. Discover the
history of first contacts
through a playful,
interactive exhibit.

Relive the birth of
New France through
a reconstitution
of the site of the earliest
exchanges between
Amerindians and
Europeans. Discover the
history of first contacts
through a playful,
interactive exhibit.

CENTRE ARCHÉO TOPO

Explore the exhibit
on human occupation
of the North Shore
(Côte-Nord) from
the first Indigenous
to the present day.
Discover the lives of
ancient Indigenous
communities. Pottery,
beading, dream-catcher fabrication and stone-cutting workshops.

Explore the exhibit
on human occupation
of the North Shore
(Côte-Nord) from
the first Indigenous
to the present day.
Discover the lives of
ancient Indigenous
communities. Pottery,
beading, dream-catcher fabrication and stone-cutting workshops.

CHARLEVOIX

CENTRE ÉCOLOGIQUE
DE PORT-AU-SAUMON

Hike our interpretive
trails in the company of
a nature guide. Observe
and handle various
marine organisms. Food
service and picnic area.

Hike our interpretive
trails in the company of
a nature guide. Observe
and handle various
marine organisms. Food
service and picnic area.

PORT-AU-PERSIL

A haven of peace
in phase with the
tides, Port-au-Persil
is a member of the
"Association des plus beaux villages du Québec" (Association
of Quebec's Most Beautiful Villages).

A haven of peace
in phase with the
tides, Port-au-Persil
is a member of the
"Association des plus beaux villages du Québec" (Association
of Quebec's Most Beautiful Villages).

PARC MUNICIPAL DE
LA BAIE-DES-ROCHERS

Hike one of the marked
trails and take time out
to enjoy the delightful
surroundings and
breath-taking views
of the St. Lawrence
Estuary.

Hike one of the marked
trails and take time out
to enjoy the delightful
surroundings and
breath-taking views
of the St. Lawrence
Estuary.
A heritage treasure trove, île aux Basques is a national historic site, migratory bird refuge and nature reserve. Discover the attractions through a three-hour guided tour or by staying in a rustic cottage.

**Boarding:**
Trois-Pistoles Marina  
(by reservation only)  
418 851-1202  
provancher.org/ile-aux-basques/

**Latitude:** 48.133079  
**Longitude:** -69.184890

**Schedule**
- Stay in a cottage: May 15 to October 13
- Guided tour: June 6 to September 8

**Admission**
GUIDED VISIT BY RESERVATION:
- Adult: $39.50 (non-member)  
- Member: $31.25
- Youth (7-14): $17.75
- Child (6 and under): $7.50
  
Taxes included

Follow the trails on the Estuary’s south shore and observe the largest grassy salt marsh along the St. Lawrence.

**Schedule**
Mid-June to September 1

**Admission**
Free

Guided visit of the lighthouse and museum. Observe whales and seals from the shore. On July 13, participate in activities related to the Journée québécoises des phares (Quebec Lighthouse Day). Accommodation available at the Les maisons du Phare Inn.

**Schedule**
June 10 to September 17

**Fees:** Applicable for lodging

Ecotourism experience, with a visit to bird sanctuaries, romantic nights on an island, guided cruises, hiking in a natural environment and exploration of historical sites.

**Schedule**
Early June to the end of September

**Admission**
Depending on the tour and duration of the stay
Whether you are seeking adventure or a quiet tour on the water, you will be delighted. Take the full measure of wide open spaces, each excursion is unique!

WHEN IS THE BEST TIME TO SEE WHALES?

Opportunities to see whales in the Marine Park are good at any time of the day from early May to the end of October. Depending on the species and their level of activity, whales surface to breathe every 15 to 30 minutes.

WHAT BOAT TO CHOOSE?

The rules governing approaches are the same for whatever type of boat you choose. Your captain will stay within regulated speeds and respect the approach distances to be maintained in the vicinity of whales. While sea-kayaking, your guide will make sure you maintain appropriate distances and navigate in complete safety.

WHAT TO BRING?

Even in summer, it is colder on the water than on land. At around 5°C, the water cools the air above the surface of the Park. Warm, comfortable clothing is highly recommended.

A GUIDED AND SUPERVISED EXCURSION

All businesses presented in this guide hold Saguenay–St. Lawrence Marine Park marine tour permits. Captains and sea-kayak guides working for these businesses must successfully complete relevant regulations training offered by Parks Canada.

CHECK BEFORE YOU GO.
Service availability is subject to change.
Cast off and head offshore to encounter giants of the sea! Our certified bilingual naturalist guides are keen to narrate the life stories of these impressive marine mammals. Live a nature experience aboard an inflatable boat, a large vessel or from the St. Lawrence VIP Lounge.

Departures from Baie-Sainte-Catherine, Rivière-du-Loup and Tadoussac

Personalized whale-watching cruises aboard 12 and 36-passenger inflatable boats. Our experienced guides will share their knowledge of the marine environment. Simply unforgettable: respect and protect whales. Kuei! Welcome!

Departures from Les Bergeronnes

The Écumeurs offer you a personalized cruise to observe whales and other marine mammals in the Marine Park. Live a unique experience with our professional captains aboard our 12- or 30-passenger vessels.

Departures from Les Escoumins

Travel to the mouth of the majestic Saguenay Fjord, where it converges with the St. Lawrence Estuary, and encounter whales and other marine mammals. Experience personalized treatment on a human scale that respects the environment aboard a 24-passenger inflatable vessel.

Departures from L’Anse de Saint-Étienne (Petit-Saguenay), L’Anse-Saint-Jean and Baie-Éternité

Escape to the islands of the Lower St. Lawrence (Bas-Saint-Laurent) region! Here you will find remarkable biological diversity, cliffs teeming with seabirds and a fascinating maritime history. Guided tours are offered on a daily basis with or without landing.

Departures from Rivière-du-Loup

In collaboration with Parks Canada, Sépaq and the Group for Research and Education on Marine Mammals, businesses that are members of the Eco-Whale Alliance are committed to developing best practices for whale watching at sea. Choose a Proud Member!
<table>
<thead>
<tr>
<th>Sea Kayak Experience</th>
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</thead>
<tbody>
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<td><strong>AVENTURE ROSE-DES-VENTS</strong></td>
</tr>
<tr>
<td>418 675-2625</td>
</tr>
<tr>
<td>Treat yourself to a stunning view of one of the most beautiful villages in Quebec. You will discover utterly incredible stories of its first inhabitants. Personalized tours accessible for all.</td>
</tr>
<tr>
<td>Departures from Sainte-Rose-du-Nord</td>
</tr>
</tbody>
</table>

| **CENTRE DE VACANCES - FERME 5 ÉTOILES** |
| 418 236-4833 | 1 877 236-4551 | ferme5etoiles.com |
| Nature lovers, admire the scenery of the Saguenay Fjord on a sunrise or a sunset cruise. Guided, equipped half-day to 24-hour excursions. Meals and equipment are included for excursions of one day or more. |
| Departures from L’Anse-de-Roche near Sacré-Coeur |

| **FJORD EN KAYAK** |
| 1 866 725-2925 | fjordenkayak.ca |
| “Canadian Signature Experience.” Short, guided excursions on the Fjord (children three years of age and older) and multi-day expeditions with cuisine. Distinctions: small groups, fibreglass kayaks, personalised service, skilled guides. |
| Departures from L’Anse-Saint-Jean |

| **KATABATIK - AVENTURE DANS CHARLEVOIX** |
| 1 800 453-4850 | 418 435-2066 | katabatik.ca |
| Paddle the Upper St. Lawrence Estuary with expert sea-kayak tour guides. Abundant marine wildlife, amazing geomorphology, the Charlevoix coast is a paradise for paddlers. |
| Departures from Cap-à-l’Aigle |

| **KAYAKS DU PARADIS** |
| 418 232-6237 | campingparadismarin.com |
| Guided tours with a focus on safety and nature discovery. This adventure sport will give you the feeling that wildlife is so close you can touch it! |
| Departures from Les Bergeronnes |

| **MER ET MONDE ÉCOTOURS** |
| 1 866 637-6663 | meretmonde.ca |
| Mer et Monde has offered a unique and intimate experience connecting humans to nature for over 20 years. Sea kayaking is a great way to observe Marine Park biodiversity. Half-day or full-day excursions available. |
| Departures from Les Bergeronnes and Tadoussac |

| **ORGANISATION – LE QUÉBEC HORS CIRCUITS** |
| 418 579-8763 | organisation.com |
| Discover the secrets of the Saguenay Fjord in the company of keen and professional guides. From a simple half-day excursion to a multiple-day expedition, take advantage of personalized outings. |
| Departures from Baie-Éternité, La Baie, Petit-Saguenay and Sainte-Rose-du-Nord |

| **PARC NATIONAL DU FJORD-DU-SAGUENAY** |
| 1 800 665-6527 | sepaq.com |
| Explore the most beautiful portions of the Fjord with our experienced naturalist-guides. An intimate rendezvous in the heart of the impressive nature of the Marine Park. |
| Departures from Baie-Éternité |

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**Your Safety: Your Responsibility**

Are you planning a seagoing activity without a certified guide? Learn the directives you will need to follow and the required equipment to ensure your outing is safe and enjoyable. Cold water, variable weather conditions, tides and strong currents can complicate your activity. Cellular coverage in the Park is incomplete. Respect your abilities; do not head out on your own. Respect the flora and fauna; keep your distance.

*parcmarin.qc.ca/boating*

Stay near the coast; fog materializes quickly and it is easy to lose sight of the shore. Due to regular shipping traffic, avoid making «shore-to-shore» crossings.

*Visit adventuresmart.ca*
EXPERIENCE DIVING

ACCÈS PLONGÉE SAGUENAY
1 800 PLONGÉE (756-6433) | 418 699-1000
accesplongeesaguenay.com
Discover the subaquatic treasures of the St. Lawrence in complete safety with our qualified guides. Dive with a guide from a boat. Advanced divers can experience a night dive in the middle of the day in the Saguenay Fjord.
Departures from Les Escoumins and the La Baie marina

ÉCOLE DE PLONGÉE IMMERSION CÔTE-NORD
418 232-6249 | 1-877-MER-1877 | explosnature.ca/plongée/
From initiation to Divemaster; by way of specialised courses and upgrading, Immersion Côte-Nord invites you to dive into the marine park. Prolong the pleasure through a guided diving holiday including an all-inclusive boat excursion.
Departures from L’Anse-de-Roche, Les Bergeronnes, Les Escoumins and Sainte-Rose-du-Nord

MARINE ENVIRONMENT DISCOVERY CENTRE
418 233-4025 | 418 233-4414 | parcscanada.gc.ca/saguenay
Experience Nordic Snorkelling with or without a guide, no qualifications required, equipment included. Learn to dive with an instructor. Qualified divers: follow an underwater circuit. Other services: guided dives, equipment rental, tank filling (Hyper Pure available), developed access, change rooms and showers.
41, rue des Pilotes, Les Escoumins

PARADIS MARIN
418 232-6237
Launch site, showers and washrooms.
4, chemin Émile-Boulianne, Les Bergeronnes

A Certificate of Qualification in Recreational Scuba Diving is required for scuba diving. To verify the validity of your certificate and get advice, contact the Quebec Underwater Federation: fqas.qc.ca/en/fqas/
For all diving emergencies contact the hyperbaric centre: 1 888 835-7121
parcmarin.qc.ca/diving

EXPERIENCE ON A SAILING VESSEL

DAMACHA – ÉCOLE DE VOILE CROISIÈRE
418 633-7143 | 450 531-6031 | DamachaEcoleDeVoile.com
Damacha trains all levels of sailors. Cruise the Fjord, the Estuary and the Gulf from Tadoussac. Experience life aboard a sailboat in the splendour of nature as it was in the days of the discoverers of this world.
Departures from Tadoussac

ÉCOLE DE VOILE DE L'ESTUAIRE
418 235-4474 | 418 928-8378 | voileestuaire.com
Try your hand at sailing on a one-day or overnight expedition aboard a sailboat. Participate in manoeuvres while learning the basics of navigation and discovering the wild beauty of the marine park in the company of a guide.
Departures from Tadoussac

VOILE MERCATOR
1 888 674-9309 | voilemercator.com
Navigate by sail on the Saguenay Fjord and the St. Lawrence Estuary. Three to seven-hour initiation excursions, sail and overnight learning excursions and 2 to 18-day courses leading to certification. Accredited by Sail Canada.
Departures from Baie-Éternité, L’Anse-Saint-Jean, La Baie and Tadoussac

For more information, see keroul.qc.ca.
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PHOTO CREDITS

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To help you plan your stay...

TOURISME BAS-SAINTE-LAURENT
418 867-1272 | 1 800 563-5268
bassaintlaurent.ca

TOURISME CHARLEVOIX
418 665-4454 | 1 800 667-2276
tourisme-charlevoix.com

TOURISME SAGUENAY-LAC-SAINT-JEAN
418 543 9778 | 1-877-BLEUETS (253-8387)
saguenaylacstjean.ca

TOURISME CÔTE-NORD
418 294-2876 | 1 888 463-5319
tourismecote-nord.com

Ferry Schedules and Information

ESCOUMINS / TROIS-PISTOLES
418 851-4676 | 1-877-851-4677
traversiercnb.ca

RIVIÈRE-DU-LOUP / SAINT-SIMÉON
418 862-5094 | 418 638-2856
traversersdl.com

BAIE-SAINTE-CATHERINE / TADOUSSAC
418 235-4395
traversiers.gouv.qc.ca

IN CASE OF EMERGENCY

CANADIAN COAST GUARD
Search and Rescue
1 800 463-4393

VHF Channel 16 (156.8 MHZ)
Available 24 hours a day, 7 days a week
Cellular Phone *16

Marine Pollution
1 800 363-4735

PARKS CANADA
Concerning collisions with or disturbances of marine mammals
1-866-508-9888
Available 24 hours a day, 7 days a week

Réseau québécois d’urgences pour les mammifères marins
(Quebec Marine Mammal Emergency Response Network)
Concerning a marine mammal that is either wounded or in trouble
1 877 722-5346
Available 24 hours a day, 7 days a week